MEAL PLANNING MASTER LIST

Meal planning can be time consuming – and I'm all about saving as much time as I can so I can enjoy time with my family and the food that's going on our table! These master lists were created to go along with my Weekly Meal Planner so I could quickly pull meal ideas by category and plug them into the meal planner and go.

Write down your go-to breakfast, lunch, dinner, snacks, desserts, sides, and family favorites to keep handy when meal planning. There are often meals I forget and this helps stay out of the "same old-same old" rut we can easily get into.

This editable printable set is free for you to use as a blog subscriber (thank you so much!).

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This printable ties in with my Weekly Meal Planner printable and has plenty of room to plan for breakfast, lunch, dinner, and snacks, as well as make a grocery list you can tear off.

Find the Meal Planner Printable here:

http://hscreations.net/WeeklyMealsPlan

Hang one up on your fridge and another in your cupboard to refer to each week.

Happy planning!

Jolanthe

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breakfast	lunch	snacks	dinner
cidoc	doccorto	guick 9 cocy	
sides	desserts	quick & easy	
sides	desserts	quick & easy	
sides	desserts	quick & easy	
sides	desserts	quick & easy	
sides	desserts	quick & easy	
sides	desserts	quick & easy	
sides	desserts	quick & easy	
sides	desserts	quick & easy	

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breakfast	lunch	dinner	favorites
snacks	on hand		