

Defining Your Priorities

What are the most important things to you that 'define' who you are? List as many as you can below. Circle the top five.

What are the 'low priority' things that seem to take up your time? Are there any that you can stop or let go?

Based on your current routine and how you spend your time, does it reflect the five things that you said were most important to you?

Are there any dreams or goals that you have for yourself that could be pursued if you were to give up a few things on your 'low priority'?

Note: Check my download page for a pdf file of this handout as well as a resource list of my favorite organizational tools. www.homeschoolcreations.net/TTD